



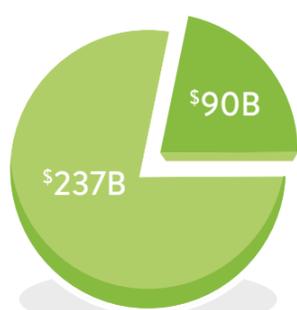
# The Hidden Employer Cost of Diabetes

## Why all the buzz?

Diabetes is one of the most expensive chronic diseases affecting the U.S. The documented costs alone are substantial, but the real issue affecting employers are the indirect costs associated with people living with diabetes.

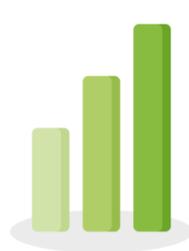
**\$237**  
BILLION

Total costs associated with diagnosed diabetes as reported by the ADA<sup>1</sup>



**\$90**  
BILLION

The amount of dollars attributed to reduced productivity



**\$8,480**  
PER PERSON

The average per person extra healthcare cost per year due to diabetes.<sup>2</sup>

One of the top 3

The BCBS Health Index indicates that diabetes ranks 3rd in terms of both its health impact on per member cost and quality of life for the commercially insured.

As the number of people diagnosed with diabetes continues to rise...

## Employers feel the pain

A full-time worker misses an average of 5.5 extra days related to diabetes.

Reduced productivity while at work as well as fatigue are also main issues for people with diabetes.



Diabetes cost employers **\$20.4** BILLION

in lost productivity due to absenteeism.

## People living with diabetes feel it too...

People living with diabetes have an increased risk of depression, anxiety and disordered eating according to the ADA.



Adults with diabetes are **2-4x more likely to die from heart disease** than adults without diabetes.



“I had high blood sugars for weeks straight and my brain power was nonexistent. **When it’s taking all my brain power to keep myself alive - everything suffers.**”

- Courtney M, living with type 2 diabetes

## Want to make a difference?

Contact us for a 15 minute educational Zoom session on how to manage the hidden costs of diabetes.

**SCHEDULE NOW**

Learn more at [mySugr.com](http://mySugr.com)



<sup>1</sup> Economic Costs of Diabetes in 2017, American Diabetes Association, May 2018

<sup>2</sup> The Cost of Diabetes in the US: Economic and Well-Being Impact, November 2017

<sup>3</sup> Daii TM, Roary M, et al; Health care use and costs for participants in a diabetes disease management program, United States, 2007-2008. Prev Chronic Dis 2011; 8